



Fall Youth League Volleyball

Philosophy: This league is intended to be a developmental league that emphasizes developing a player's all-around skills. Limiting the number of players to 4 maximizes the number of ball contacts and opportunities for each player. Each player will hit, set, serve, defend and pass the ball every game. The team system will involve a setter, defensive specialist and two hitters and each player will play each of these positions. In addition the team systems will focus on both transition to offense and defense.

Format: The league will start with a clinic that will introduce all players to the team system that will be used. There will be 8 weeks of regular season play followed by one or two weeks of playoffs depending on the number of teams. Each team must have a either coach or parent present each game to help keep score and to assist the players as needed.

Rules:

- 1) Teams must have 4 players present in order to play.
- 2) The last player to serve will be the setter and will play right back. The previous server will be the defensive specialist, play left back and cannot attack or block the ball. The other 2 players will be the front row players and are the only ones who can attack or block the ball.
- 3) Service order must be maintained. Other than service order teams do not have to worry about overlapping
- 4) Each match will consist of 3 sets to 25, capped at 27 pts.
- 5) No server can serve more than 3 serves per term of service. After a player has served 3 times in a single term of service and maintains the serve, the team will rotate and another player will serve.
- 6) Servers will be allowed to serve up to 2 meters inside the court. Stronger servers are encouraged to serve from behind the endline.
- 7) There will be no officials so teams and their coaches/parents should make honor calls. If teams cannot agree on a call the point will be replayed.
- 8) Rosters must be submitted prior to the first match. Only players listed on the roster will be eligible for playoffs. A player must have played in at least twice during the regular season to be eligible for playoffs.
- 9) USAV rules will apply except as listed above.

Payment: The league entry fee can be paid by credit card by calling 218-722-0810 or by check. If paying by check, make checks payable to "DISC" and mail to DISC, 4402 Rice Lake Rd, Duluth, MN, 55811. Indicate in the memo line which league and which team you are paying for.