

Tuesday Night Elementary/Middle School 4s League

Team #	Team Name
1	Attack Pack
2	Wait What
3	NV
4	Northern Spike
5	The Littles

Practice Night

6/30/2020	Court 1	Court 2
6:00	Attack Pack	Grey
7:00	Navy	White
8:00	Red	

Courts available for practice/scrimmage during scheduled time.

Regular Season Schedule

7/7/2020	Court 1	Court 2	7/14/2020	Court 1	Court 2	7/21/2020	Court 1	Court 2
6:00	1 v 2	3 v 5	6:00	1 v 4	2 v 5	6:00	2 v 4	3 v 5
7:00	1 v 5	3 v 4	7:00	4 v 5	2 v 3	7:00	1 v 2	1 v 5
8:00	2 v 4		8:00	1 v 3		8:00	3 v 4	
7/28/2020	Court 1	Court 2	8/4/2020	Court 1	Court 2	8/11/2020	Court 1	Court 2
6:00	4 v 5	2 v 3	6:00	2 v 4	3 v 5	6:00	1 v 4	2 v 5
7:00	1 v 3	2 v 5	7:00	1 v 2	3 v 4	7:00	4 v 5	2 v 3
8:00	1 v 4		8:00	1 v 5		8:00	1 v 3	

Playoffs

8/18/2020	Court 1	Court 2
6:00	#4 v #5	
7:00	#1 v W 6pm	#2 v #3
8:00	winners 7pm	losers 7pm

Rules for Tuesday Night High School Varsity League

- Regular season matches will be officiated by the teams playing. Call your own fouls and replay the rally if teams cannot agree on the call. Please do not provide someone to officiate as whistles cannot be used. Officials with electronic whistles will be provide for the playoffs.
- MSHSL rules will be used except as modified below.
- The court will be shortened by 7' on each side.
- Teams will play 3 sets each match. The first two sets will be to 25 capped at 27. The third set will be to 15 pts, capped at 17 and teams will not switch sides at 8 points. All sets will count in the final standings.
- The team serving first in the first set will also serve first in set 3.
- Teams can rotate players in.
- Teams must maintain the proper serving order. No other rotation rules need to be followed.
- The server is the only player that cannot attack a ball in front of the 10' line.
- First round matches each night should start on time. Subsequent matches should start within 10 minutes of the finish of the previous match. Please keep things moving. Each team will have 3 minutes to hit/serve unless a previous match finishes early. If the previous match finishes early than a 2/4/4 warmup can be used. The team serving first in the first set will have the net first in warmups.
- All balls will be disinfected prior to play. Each match will use one designated cart with 16 balls to be used for warmups by both teams. After warmups are over please put the cart behind the court, opposite the spectator seating. It will not be used for the rest of the night.
- A new game ball will be used for each game.

DISC COVID-19 Preparedness Plan for Volleyball

- Anyone having a fever, not feeling well, displaying any symptoms of COVID-19 sickness or anyone who has recently had contact with someone testing positive for COVID-19 should stay home.
- Everyone entering the facility will have their temperatures checked on the forehead with a non-contact IR thermometer. Anyone with a temperature of 100° F or more will be rechecked. Anyone repeated testing with temperature of 100° F or more will have to leave the facility. We encourage everyone to enter the building wearing a mask but players can remove their masks when they enter the playing area.
- Everyone should bring their own water bottles and fill them prior to coming to the DISC. There will not be any water jugs out on the courts. There is a non-contact, filtered water chiller in the lobby that can be used to fill water bottles but it may run out of chilled, filtered water under conditions of heavy usage. Water, Gatorade and pop can be purchased at the front desk.
- In order to practice social distancing, everyone entering the building should go immediately to the courts and not congregate in the lobby.
- Players should arrive onsite in their playing clothes and not use the locker rooms for changing. Players can put on their shoes and kneepads out on the courts. Bags, backpacks, water bottles and etc. should be stored out on the courts and not in the lobby or locker rooms. The rest rooms can be used.
- Please practice social distancing as much as possible. Only two people can be seated on the bench at any time and the rest of the non-playing team personnel should stand on the sidelines with appropriate spacing.
- We do not encourage spectators but realize that given the distance some people must travel and the age of the participants spectators are inevitable. Spectators must wear face masks at all times and must sit in the chairs on the courts which will be placed to ensure social distancing. Chairs are not to be moved.
- Please use the hand sanitizers liberally that have been placed throughout the facility.
- If coaches are present it is recommended that they wear face masks.