2021 Summer Tennis Programming

Session 1	**May 31st - July 2nd**	**5 lessons**
Session 2	**July 5th - August 6th**	**5 lessons**

Register by contacting DISC: (218) 722-0810

Lower Elementary	Tuesday 3:00-3:45 PM Ages: 5-8 8 max/session Cost: $85/session	Players in this lesson will use red dot balls and 36' courts so they can learn and play the game quickly and develop professional style skills. Curriculum is designed so that children will learn and practice all stroke fundamentals, court positioning, develop a serve, rally and begin point play.
Upper Elementary	Tuesday 3:45-4:30 PM Ages: 8-10 8 max/session Cost: $85/session	Players in this lesson will use green dot balls and 60' courts so that they can learn to play the game quickly and develop professional style skills. Kids will learn stroke technique, to use spin, combine shots together with purpose, serve with proper form, approach the net to use volleys & overheads and practice point play and scoring.
MIddle School	Wednesday 6:00-7:00 PM Ages: 10-12 10 max/session Cost: $85/session	Players in this lesson will use green dot balls 78' (full) courts. Curriculum will vary based on experience and ability, with the goal to develop or refine technique and provide players with the tools to meet their goals. Groupings will be created with consideration of playing ability and age. Emphasis will be placed on skills application in live ball (point play) situations.
Junior Varsity	Monday 7:00-8:30 PM 8 max/session Cost: $120/session	This lesson is for players who play on a Junior Varsity (JV) or Varsity high school team and are advanced beginners-intermediates. Players signing up should know how to score and hit all shots.
Varsity	Wednesday 7:00-8:30 PM 8 max/session Cost: $120/session	This lesson is for intermediate-advanced players who play in the top 15-20 of their high school team. Players signing up should know how to hit all shots consistently and are starting to develop strategy.

Please contact cschaffn@uwsuper.edu if you have any questions or need help with placement!