



2021 Captain's Tournament Schedule

4402 Rice Lake Rd., Duluth, MN 55811

Warm up balls will be provided at this site.

Pools	Doors Open	Captain's Meeting	Warm-up Starts	1 st Match Starts
A, B, C	7:30 am	7:40 am	7:50 am	8:00 am

Round 1

Pool	A	B	C
Court	1	2	3
Location	DISC	DISC	DISC
Start	8:00 am	8:00 am	8:00 am
A	Hermantown	Ashland	Ely
B	Aitkin 1	Mesabi East	Webster 1
C	Webster 2	Floodwood	Aitkin 2

Round 2

Pool	A	B	C
Court	1	2	3
Location	DISC	DISC	DISC
A	A1	B1	C1
B	B2	C2	A2
C	C3	A3	B3

Playing Schedule

MATCH	WARM-UP	3 TEAM POOL
1	8 min	B - C (A)
2	8 min	A - C (B)
3	8 min	A - B (C)

WARM-UPS

Serving Team's Court	4 minutes
Receiving Team's Court	4 minutes

Team Areas:	Teams will be allowed to camp in open areas in the gym but are encouraged to either go outside or leave the premises when they are not playing in order to reduce the occupancy of the building. When not scheduled to play team members are encouraged to wear masks and social distance when inside the building. Teams <u>must</u> clean their camp area before leaving the facility.
Concessions:	Only limited concessions (chips, protein bars, candy, Gatorade, pop, water and etc.) will be available on site. Outside food can be brought into the building.
Coaches Meeting:	See time frame above for each division.
Rules:	High School rules will apply with the following exceptions: <ol style="list-style-type: none"> 1) Teams will not meet at the net either at the start of the match or at the end of the match to shake hands. 2) Teams will not switch sides during the match 3) One of the teams sitting out will be scheduled to ref. The refing team should provide an up and down ref, two line judges and someone to run the scoreboard. There will be no scorebook. 4) Teams do not need matching uniforms or shirts with numbers on them. The libero is encouraged to wear a different colored shirt. 5) Coaches are allowed as long as they are not in violation of their state's high school rules. The DISC will provide an official for the championship matches. Teams will not have to stay to ref the championships. .
Pool Play:	Matches will be two sets to 25. No point caps on any of the sets.
Playoffs:	Gold Division- 1 st and 2 nd in pools D, E and F. Silver Division- 3 rd in pools D, E and F.
	All playoff matches will be best 2 of 3 to 25 points with the 3 rd set to 15 pts. No caps on any of the sets.
Tie Breaker:	Two way ties are decided based on head-to-head results. Three way ties are decided in the following order: set winning %; plus/minus points; coin toss.
Awards:	T-shirts for the winners the Gold Division.
Equipment:	Game balls will be provided.
Communication Procedure:	If a team will be arriving late due to weather delays or other difficulties please call Doug Lothenbach @ <u>218-213-2880</u> .

DISC COVID-19 Preparedness Plan for Volleyball

- 1) Anyone having a fever, not feeling well, displaying any symptoms of COVID-19 sickness or anyone who has recently had contact with someone testing positive for COVID-19 should stay home.
- 2) The use of masks is not required but anyone not fully vaccinated is encouraged to wear a mask at all times.
- 3) Everyone should bring their own water bottles and fill them prior to coming to the DISC. There will not be any water jugs out on the courts. There is a non-contact, filtered water chiller in the lobby that can be used to fill water bottles but it may run out of chilled, filtered water under conditions of heavy usage. Water, Gatorade and pop can be purchased at the front desk.
- 4) Everyone entering the building should go immediately to the courts and not congregate in the lobby.
- 5) Players should arrive onsite in their playing clothes and not use the locker rooms for changing. Players can put on their shoes and kneepads out on the courts. Bags, backpacks, water bottles and etc. should be stored out on the courts and not in the lobby or locker rooms. The rest rooms can be used.