

DULUTH INDOOR SPORTS CENTER

Fitness Memberships

Five Different Fitness Rooms To Suit Your Training Needs

- * Cardio Equipment
- * Yoga Space
- * Cross Training/Functional Fitness
- * Cybex machines
- * Bodybuilding/Weight Lifting

- * Lockers Rooms * Free Day Lockers
- * Towel Service * Sauna * Showers

FITNESS HOURS

6:00AM-10:00PM MON-FRI
8:00AM-8:00PM SAT-SUN

CLOSED MEMORIAL DAY,
INDEPENDENCE DAY, LABOR DAY,
THANKSGIVING, CHRISTMAS DAY
AND NEW YEAR'S DAY

DULUTH INDOOR SPORTS CENTER

4402 Rice Lake Road
Duluth, MN 55811
Phone: 218-722-0810
Email: doug@discmn.com



Duluth Indoor Sports Center's fitness center includes a complete exercise facility that supports strength training, cross-fit, yoga, cardio and several other fitness needs! All fitness memberships include access to; locker rooms, free day lockers, showers, towel service, and sauna. Permanent locker rentals are available upon request.

Membership Rates

Membership Type	1 Month	3 Month	6 Month	Annual		
	Monthly	One Time	One Time	One Time	Two Payments	Monthly
Single	\$49.50	\$139.00	\$224.00	\$385.00	\$197.50	\$34.25
Couple	\$74.50		\$389.00	\$684.00	\$347.50	\$61.50
Family	\$81.50		\$435.00	\$775.00	\$392.50	\$70.50
Student	\$39.50	\$114.00	\$185.00	\$285.00	\$152.50	\$28.95
Senior - Single	\$27.00					
Senior - Couple	\$47.50					

No Sign Up or Activation fees on any Memberships. Cancellation fee may apply if membership is terminated prior to length of contract. All Memberships are also subject to a 8.875% tax.

DULUTH INDOOR SPORTS CENTER

Tennis Memberships

Four Court Tennis Facility

- *Four Courts Available for Use
- *Ball carts/Balls for Practice
- *Youth Lessons
- *Adult Lessons/Drills
- *Ball Machine for Individuals
- *Stringing Services Available

- *Lockers Rooms *Free Day Lockers
- *Towel Service *Sauna *Showers

TENNIS HOURS

6:00AM-10:00PM MON-FRI
8:00AM-8:00PM SAT-SUN

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Duluth Indoor Sports Center is the area's only indoor tennis facility and is the home of the University of Minnesota- Duluth and the College of St. Scholastica tennis programs. Our services include adult and youth lessons with expert instructors from the area, stringing services, and court rentals. Inquire at the desk for more information.

Court Rates—Tennis

Time of Day	Member Rate (Per Hour)	Non - Member Rate (Per Hour)
Value Time (6:00-8:00am)	\$22.95	\$22.95 + \$12.00 Guest Fee
Regular Time (8:00am-4:00pm)	\$27.95	\$27.95 + \$12.00 Guest Fee
Prime Time (4:00pm-10:00pm)	\$31.95	\$31.95 + \$12.00 Guest Fee

Membership Rates—Tennis

Membership Type	1 Month	Seasonal		Annual		
	Monthly	One Time	Monthly (9 Payments)	One Time	Two Payments	Monthly
Single	\$67.50	\$410.00	\$49.50	\$488.00	\$254.50	\$44.50
Couple	\$115.50	\$719.00	\$86.75	\$854.00	\$436.50	\$76.95
Family	\$139.50	\$799.00	\$96.50	\$949.00	\$484.00	\$84.50
Student	\$45.50	\$255.00	\$31.50	\$319.00	\$167.50	\$29.50

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DULUTH INDOOR SPORTS CENTER

Pickleball Memberships

Eight Court Pickleball Facility

- *Daily Open Play sessions
- *Paddles/Balls available for use
- *Can Run up to 8 Courts Simultaneously
- *Private Court Rentals Available
- *Lockers Rooms *Free Day Lockers
- *Towel Service *Sauna *Showers

PICKLEBALL HOURS

6:00AM-10:00PM MON-FRI
8:00AM-8:00PM SAT-SUN

CLOSED MEMORIAL DAY,
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Duluth Indoor Sports Center's is the place to play indoor pickleball in Duluth! Our eight court facility offers plenty of space/options for play including daily open play sessions, as well as private reservations for courts. Don't have equipment? We have paddles/balls available for use, as well as demos of new paddles.

Pickleball Pricing

Member Rate (2 Hour Session)	Non - Member Rate (2 Hour Session)
\$3.00	\$9.00

Membership Rates

Membership Type	1 Month	Seasonal		Annual		
	Monthly	One Time	Monthly (9 Payments)	One Time	Two Payments	Monthly
Single	\$49.95	\$375.00	\$43.50	\$465.00	\$242.50	\$44.50
Couple	\$85.75	\$670.00	\$77.95	\$831.00	\$432.50	\$76.95

No Sign Up or Activation fees on any Memberships. Cancellation fee may apply if membership is terminated prior to length of contract. All Memberships are also subject to a 8.875% tax.

Annual Pickleball Membership includes Fitness Center membership/access. Fitness membership can be added to monthly pickleball memberships for \$20.00 per month.