

2025 DISC Summer VB Leagues

Thursday Night JV League

Team #	Team Name
1	Superior
2	Cloquet White
3	Cloquet Purple
4	Northwestern
5	Smashers

June 19

Time	Court 1	Court 2
6:00	1 v 2	3 v 4
7:00	2 v 4	1 v 5
8:00	3 v 5	

June 26

Time	Court 1	Court 2
6:00	2 v 3	4 v 5
7:00	1 v 3	2 v 5
8:00	1 v 4	

July 10

Time	Court 1	Court 2
6:00	2 v 3	1 v 4
7:00	1 v 3	2 v 4
8:00		

July 17

Time	Court 1	Court 2
6:00	1 v 2	3 v 4
7:00	2 v 4	1 v 5
8:00	3 v 5	

July 24

Time	Court 1	Court 2
6:00	1 v 2	3 v 4
7:00	2 v 4	1 v 5
8:00	3 v 5	

July 31

Time	Court 1	Court 2
6:00	2 v 3	4 v 5
7:00	1 v 3	2 v 5
8:00	1 v 4	

August 7- Playoffs

Time	Court 1	Court 2
6:00	#4 v #5	
7:00	1vW 4-5	#2 v #3
8:00	Championship	3rd Place

Rules for Thursday Night Junior Varsity League

- 1) Regular season matches will be officiated by the teams playing. Call your own fouls and replay the rally if teams cannot agree on the call.
- 2) MSHSL rules will be used except as modified below.
- 3) Teams will play 3 sets each match. The first two sets will be to 25 capped at 27. The third set will be to 15 pts, capped at 17. Teams will not switch sides during the match. If one team wins the first two sets both teams can agree not to play the 3rd set.
- 4) All sets will count in the final standings.
- 5) The team serving first in the first set will also serve first in set 3.
- 6) Liberos can be used and should wear an easily distinguishable jersey if possible.
- 7) Substitutions will be unlimited as there will be no one to track them. Teams cannot just rotate players in but must abide by MSHSL substitution rules.
- 8) First round matches each night should start on time. Subsequent matches should start within 10 minutes of the finish of the previous match. Please keep things moving. Each team will have 3 minutes to hit/serve unless a previous match finishes early. If the previous match finishes early than a 2/4/4 warmup can be used. The team serving first in the first set will have the net first in warmups.

Rosters and Eligibility

- 1) Please submit a roster by July 1. Only players listed on the roster are eligible to play
- 2) Players may be added to the roster up to July 15.
- 3) In order to be eligible to play in playoffs a player must have played at least two night during the regular season.

