Fitness Memberships

Five Different Fitness Rooms To Suit Your Training Needs

*Cardio Equipment

*Yoga Space

*Cross Training/Functional Fitness

*Cybex machines

*Bodybuilding/Weight Lifting

*Lockers Rooms *Free Day Lockers

*Towel Service *Sauna *Showers

Many Insurance Programs Accepted
One Pass - Silver Sneakers
Active & Fit - Prime Fitness

FITNESS HOURS

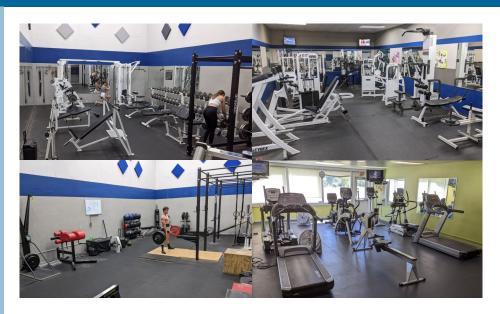
6:00AM-10:00PM MON-FRI 8:00AM-8:00PM SAT-SUN

CLOSED MEMORIAL DAY,
INDEPENDENCE DAY, LABOR DAY,
THANKSGIVING, CHRISTMAS DAY
AND NEW YEAR'S DAY

DULUTH INDOOR SPORTS CENTER

4402 Rice Lake Road Duluth, MN 55811 Phone: 218-722-0810 Email: doug@discmn.com





Duluth Indoor Sports Center's fitness center includes a complete exercise facility that supports strength training, cross-fit, yoga, cardio and several other fitness needs! All fitness memberships include access to; locker rooms, free day lockers, showers, towel service, and sauna. Permanent locker rentals are available upon request. Many insurance membership programs accepted.

Membership Rates

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Membership Type	1 Month	3 Month	6 Month	Annual		
Payment Plan	Monthly	One Time	One Time	One Time	Two Pay- ments	Monthly
Single	\$49.50	\$139.00	\$224.00	\$385.00	\$197.50	\$34.25
Couple	\$74.50		\$389.00	\$684.00	\$347.50	\$61.50
Family	\$81.50		\$435.00	\$775.00	\$392.50	\$70.50
Student	\$39.50	\$114.00	\$185.00	\$285.00	\$152.50	\$28.95
Senior - Single	\$27.00					
Senior - Couple	\$47.50					

No Sign Up or Activation fees on any Memberships. Cancellation fee may apply if membership is terminated prior to length of contract. All Memberships are also subject to a 8.875% tax.