

2026 DISC Summer VB Leagues

Monday Night High School Varsity League

1. Northwestern	7. Proctor
2. Superior	8. Hermantown
3. Esko	9. Barnum
4. Duluth East	10. Hayward
5. South Ridge	11. Duluth Denfeld
6. Cloquet	

8-Jun

Time	Court 1	Court 2	Court 3
5:30	1 v 2	5 v 6	8 v 9
6:30	10 v 11	6 v 7	3 v 4
7:30	1 v 8	2 v 5	9 v 10
8:30	4 v 7	3 v 11	

15-Jun

Time	Court 1	Court 2	Court 3
5:30	3 v 6	9 v 11	7 v 10
6:30	1 v 9	5 v 11	6 v 10
7:30	3 v 5	7 v 8	2 v 4
8:30	2 v 8	1 v 4	

22-Jun

Time	Court 1	Court 2	Court 3
5:30	5 v 7	1 v 11	4 v 9
6:30	4 v 8	7 v 9	5 v 10
7:30	1 v 3	6 v 11	2 v 10
8:30	2 v 3	6 v 8	

29-Jun

Time	Court 1	Court 2	Court 3
5:30	3 v 9	5 v 8	1 v 6
6:30	8 v 10	4 v 11	1 v 5
7:30	3 v 7	2 v 11	6 v 9
8:30	4 v 10	2 v 7	

6-Jul

Time	Court 1	Court 2	Court 3
5:30	3 v 10	5 v 9	2 v 6
6:30	4 v 5	2 v 9	1 v 10
7:30	3 v 8	4 v 6	7 v 11
8:30	1 v 7	8 v 11	

13-Jul

Time	Court 1	Court 2	Court 3
5:30	1 v 2	4 v 7	3 v 11
6:30	10 v 11	6 v 7	8 v 9
7:30	1 v 3	2 v 4	5 v 8
8:30	5 v 6	9 v 10	

20-Jul

Time	Court 1	Court 2	Court 3
5:30	3 v 10	1 v 7	2 v 6
6:30	4 v 5	2 v 9	1 v 10
7:30	3 v 4	6 v 8	7 v 11
8:30	5 v 9	8 v 11	

27-Jul

Time	Court 1	Court 2	Court 3
6:00	#8 v #9	#7 v #10	
7:00	#6 v #11	#1 v W 8-9	#4 v #5
8:00	#2 v W 7-10	#3 v W 6-11	

3-Aug

Time	Court 1	Court 2	Court 3
7:00	Semifinal 1	Semifinal 2	
8:00	Championship	3 rd Place	

Rules for Monday Night High School Varsity League

- 1) Regular season matches will be officiated by the teams playing. Call your own fouls and replay the rally if teams cannot agree on the call.
- 2) MSHSL rules will be used except as modified below.
- 3) Teams will play 3 sets each match. The first two sets will be to 25 capped at 27. The third set will be to 15 pts, capped at 17. Teams will not switch sides during the match.
If one team wins the first two sets both teams can agree not to play the 3rd set.
- 4) All sets will count in the final standings.
- 5) The team serving first in the first set will also serve first in set 3.
- 6) Liberos can be used and should wear an easily distinguishable jersey if possible.
- 7) Substitutions will be unlimited as there will be no one to track them. Teams cannot just rotate players in but must abide by MSHSL substitution rules.
- 8) First round matches each night should start on time. Subsequent matches should start within 10 minutes of the finish of the previous match. Please keep things moving. Each team will have 3 minutes to hit/serve unless a previous match finishes early. If the previous match finishes early than a 2/4/4 warmup can be used. The team serving first in the first set will have the net first in warmups.

Eligibility

- 1) In order to be eligible to play in playoffs a player must have played at least two nights during the regular season.